

Tasnim Raka

Writing for the Sciences

Ke Vaughn Hunter

Personal Reflection on My Choice of R. A Topic

I have chosen the topic of hypoglycemia among older patients because I find it important to participate in raising awareness to initiate a little different treatment approach to treat older diabetic patients. Everyone has older family members and relatives. And if not most of them, some must have diabetes and most of the patients undergo the regular treatment of living on sufficient quantities of insulin doses. But most patients and their family members don't have enough knowledge about the risks associated with hypoglycemia or some even don't have any idea of such a condition existing. Patients feel relieved once they have reduced their glucose level but don't realize that excessively low blood glucose is just as bad as high blood sugar.

I wanted to study a bit of what experts had to say on this issue and what message they wanted to convey to patients and healthcare providers. The authors of both my first article and the piece of rhetoric wrote about some incidents from their personal experience with patients which showed they could provide valuable information because treating or researching hypoglycemia was their area of expertise. Choosing this topic gave me the chance to research a bit and read some scholarly articles before I chose one. Reading a number of articles helped me narrow down the message the authors were trying to convey. From what I have read, I can see that all the articles have a common goal of educating older patients on hypoglycemia or encouraging doctors to treat appropriately based on the needs of their patients. All of the articles

contribute to circulate more information about the side-effects of particular treatments like overdose of insulin or other insulin derivatives.